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## Cancer: 100 Ways to Fight

By John Roberts

Xlibris Corporation. Hardcover. Book Condition: New. Hardcover. 286 pages. Dimensions: 9.2in. x 6.3in. x 1.2in. Cancer: 100 Ways to Fight Your own attitude is your brightest guiding star. Some of success is doing what you like to do. But, more of it is doing the things you dont like to do, but must. It is too easy to make an excuse, and not do it, and fail. -John Roberts As this book goes to press early in 2010, I am 75 and into my fifth year with incurable metastatic prostate cancer, which had already spread to the bones before cancer was diagnosed and the prostate removed. The statistical prognosis for the current treatments of choice is that one-half of these patients will die within three years, 75 within five. This usually happens after the standard treatments and chemotherapy fail and must be discontinued due to harmful side effects or weakening effectiveness, resumed cancer growth, and the failure of bones or key organs. I am still feeling fine, no pain, living a normal life, and I have completed eight months of chemotherapy with a 63 drop in my PSA (prostate cancer blood test) without major side affects or rising PSA. I have...



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