



Veggie Haven: Easy Japanese Cooking (Paperback)

By Kentaro Kobayashi

Vertical Inc., United States, 2009. Paperback. Book Condition: New. 214 x 198 mm. Language: English . Brand New Book. Simple, satisfying meals loaded with your favorite vegetables. The fourth volume in Kentaro's Easy Japanese cooking series gives satiating dishes for all the veggie lovers. Recipes include: CURRY Bean/ Winter Vegetable/ Coconut milk and Eggplant SALADS Ceasar/ Basil and Tomato/ Potato and Broccoli/ Tuna and Potato/ Potato/ Cilantro/ Watercress/ Carrot/ Grilled Pepper Marinade/ Turnip and Basil Marinade/ Chinese Celery Marinade/ Zucchini Marinade/ Asparagus and Sardine/ Tofu and Greens/ Anchovies and Egg/ Scallop and Rape Blossom/ Beans and Tomato/ Chicory and Blue Cheese SIMPLE MEALS Yam Steak/ Chicory Saute/ Sesame-Oil and Cabbage/ Sweet Potato Fry/ Onion Omelets/ Grilled Onion/ White Radish in Citrus Sauce/ Spicy Sesame Lotus Root/ Cucumber Garlic/ Spicy Pickled Cucumber/ Pumpkin Saute/ Simmered Pumpkin/ Grilled Mushroom with Cheese/ Mushroom Rice Bowl/ Grilled Mushroom with Red Miso/ Leek Saute/ Egg and Leek/ Simple Stir Fry/ Celery Stir Fry/ Burdock Root Medley/ Potato Medley/ Cauliflower Medley/ Boiled Spinach MAIN DISHES Grilled Vegetables/ Gingered Eggplant/ Potato Gratin/ Tomato Stew/ Veggie Pizza/ Garlic and Anchovies Pizza/ Veggie Dumpling/ Veggie Taco/ 6 Treasure Stir Fry/ Veggie Fried Rice/ White Radish Omelet Sandwich/ Tofu...



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